

# Latihan Soal Dan Pembahasan

Mata Ujian : Bahasa Inggris



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# Latihan Soal

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Choose the correct answer.

This text is for questions no. 1 – no. 4.

It is important to know what your kids are watching? Of course yes. Television can expose things you have tried to protect them from, especially violence, pornography, consumerism , etc.

A study demonstrated that spending too much time on watching TV during the day or at bed time often causes bed time disruption, stress, and short of sleep duration.

Another research found that there is a significant relationship between the amount of time spent for watching television adolescence and early adulthood, and the possibility of being aggressive.

Meanwhile, many studies have identified a relationship between kids who watch TV a lot and being inactive and overweight.

Considering some facts mentioned above, protect your children with the following tips:

1. Limit television viewing to 1 – 2 hours each day
2. Do not allow your children to have a TV set in their bedrooms
3. Review the rating of TV shows that your children watch
4. Watch television with your children and discuss what is happening in the show.

1. What is the text about?  
(A) The program shows a disadvantage  
(B) Watching TV is disadvantageous  
(C) The effects of watching television on kids  
(D) Reviewing the rating on TV shows is important  
(E) The importance of knowing the program watched by our children
2. The following are the effects of watching TV a lot, EXCEPT.....  
(A) stress  
(B) being active  
(C) being aggressive  
(D) bedtime disruption  
(E) shorten sleep duration
3. Which of the following statements is TRUE according to the text?  
(A) All TV programs are good for children  
(B) Children know what programs to watch  
(C) It is a good for a kid to watch TV all day long  
(D) It is very important for children to have a TV set in their bedrooms  
(E) Spending too much time for watching TV may cause kids inactive
4. It is hard for a child to sleep because.....  
(A) the parents review TV's program  
(B) the parents limit the time to watch TV  
(C) the kid watches TV with his/her parents  
(D) the kid watches too much TV at bedtime  
(E) the kid discusses the program with his/her parents